

Sutton Community Farm Launch



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Agenda

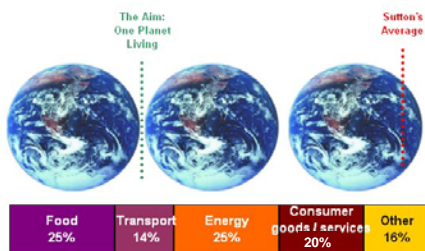
- Introduction to One Planet Food
- Introduction to the farm
- Future Farm video
- Group planning – what do we want to grow?
- Feedback, top 3 ideas
- Conclusions and next steps



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Why One Planet Food?

Sutton's Ecological Footprint



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Why One Planet Food?

- 29% Sutton's Primary School children are overweight, 25% of adults are obese
- 19% of adults have regular physical exercise
- 82% of adults and 63% of children are not getting their 'five-a-day'
- Increased levels of cancer and cardiovascular disease
- Income / health inequality



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Why One Planet Food?

- Consultation with over 2000 people
- 70% would like to grow food locally
- 96% concerned about healthy eating (HH)
- 10% can't cook, 17% in 18-29 group
- Lack of fresh produce: 28% travelled to work by car, 80% drive to buy food;
- Idea for community farm arose from workshops



The project aims

- 1. Bring local food into the borough**
 - schools and hospitals
 - neighbourhood market stalls
- 2. Grow more food locally**
 - Sutton's first community farm
 - food growing training
- 3. Encourage healthy eating**
 - fun learning
 - healthy cooking courses
- 4. Raise awareness about local healthy food**
 - promotional activities
 - local food ambassadors



Community Farm - Progress

- Aim: 30 core volunteers, manage site, 7.5 acres
- Farm manager recruited, Sarah Cannon
 - Funding applications for a larger Capital budget
 - Planning site and ordering equipment to do next
 - Launch in Jan 2010



View to the East



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View to the West



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The Site



eco

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Irrigation



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Electricity



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Equipment



- Tools
- Compost Toilet



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Sutton Community Farm



- 1.5 acres feeds 25 people with fruit and vegetables for a year
- Lacking time and space to grow your own?
- Volunteer members
- Stroud CSA



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What would you like to grow?



- Vegetables
- Soft Fruits
- Fruit Trees
- Wheat
- Cut flowers
- Edible hedgerows
- Medicinal & culinary herbs...



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A Farm for the future

- Bees
- Integrated pest management
- Hedgerows
- Composting
- Rainwater harvesting



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What Next?

- **Activity Day: Saturday 27th February 10-3**
Preparing beds
Planting soft fruit & hedge
- **Preparation...**
Compost toilet, manure, portacabins
- **For all the news...**

www.suttoncommunityfarm.org.uk



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